

# IS XHANCE RIGHT FOR YOU?

If you think you may have nasal polyps, talking with an ear, nose, and throat (ENT) specialist or allergist is the first step. Use this short questionnaire\* to assess your symptoms, and take it to a specialist to help start the conversation.

\*This is not a diagnostic tool. Only your doctor can diagnose your condition.



Check all that apply.

1. What symptoms are you experiencing?

- Nasal congestion  Runny nose  Post-nasal drip  Facial pain/pressure  Reduced sense of smell

2. Have you experienced these symptoms for 3 or more months?

- Yes  No

3. Do you also have any of the following symptoms?

- Lack of sleep  Fatigue  Dizziness  Ear fullness/pain  Frustration/irritability

4. What treatment(s) have you used in the last year?

- Nasal steroid sprays  Oral steroids  Nasal saline irrigation  Nasal steroid irrigation  
 Antibiotics  Decongestants (oral, nasal)  Antihistamines (oral, nasal)  Other \_\_\_\_\_

5. Are you satisfied with the level of symptom relief that you get from your current medication?

- Yes  No If no, why not? \_\_\_\_\_

6. Have you ever had a CT scan of your sinuses or a nasal endoscopy?

- Yes  No

7. Have you ever had sinus surgery or been told that you may need sinus surgery or a polypectomy?

- Yes  No

## INDICATION

XHANCE is a prescription medicine used to treat nasal polyps in adults.

## IMPORTANT SAFETY INFORMATION

- **Do not use XHANCE if you are allergic to fluticasone propionate or any of the ingredients in XHANCE.** Get emergency medical care if you get any of these signs of a serious allergic reaction: rash, hives, swelling of your face, mouth, and tongue, breathing problems, or low blood pressure.
- **Tell your healthcare provider about all your medical conditions and medications that you take.** It is especially important to mention if you take antifungal or anti-HIV medicines as they may interact with XHANCE.
- **XHANCE can cause nasal problems** such as nosebleeds, crusting, sores, hole in the septum, and slow wound healing.
- **XHANCE can cause eye problems** including glaucoma and cataracts. You should have regular eye exams when using XHANCE.
- **XHANCE may increase the risk of infections** and can make certain infections worse. Avoid contact with people who have a contagious disease such as chickenpox or measles while using XHANCE.
- **XHANCE can cause reduced production of steroid hormones** by your adrenal gland, resulting in tiredness, weakness, nausea and vomiting, and low blood pressure.
- **XHANCE can weaken bones (osteoporosis).**
- **Other side effects may include** redness, pain, or swelling of the nose or throat, thrush (fungal infection of the nose and throat), nasal congestion, sinus infection and headache.

These are not all the side effects of XHANCE. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

Please see [Patient Information](#), [Instructions for Use](#), and [full Prescribing Information](#).

**XHANCE**<sup>®</sup>  
(fluticasone propionate) nasal spray 93 mcg